*Wheels and Meals*

Wheels and Meals is available to any person who is receiving a Ride through the BC Rides Program (see BC Rides eligibility) from a medical procedure that might make it difficult to return home and prepare a meal for you and your spouse. After you return home from the completed ride and are exhausted from the day’s events, why not settle in with a ready meal delivered by one of Big Canoe Meals Volunteers? To sign up for this free service you can either call the Wellness Helpline at 706-268-3334, or go to the Wellness Collaborative website (bcwell.org) and complete and submit the Request for Services form. Once you leave your name and contact information, a Wellness Information volunteer will get back to you to get the necessary information and determine eligibility. *You will need to meet the eligibility requirements* of having some sort of short-term medical need such as a doctor’s appointment or medical procedure that would make it difficult to return home and prepare a meal for you and or spouse.

***The Wellness Collaborative is here to help.***

Sue Merrick & Suzan Patillo

BC Wellness Meals Co-Coordinators

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